Anesthesia & Breastfeeding: More Often Than Not, They Are Compatible

In this issue, Lee et al.² randomized laboring patients to different concentrations of epidural fentanyl. There was no difference in successful breastfeeding outcomes at 6 weeks.

Breastfeeding is important to infant health. Receiving anesthesia should not affect mom’s ability to breastfeed, or the safety of her breastmilk.¹⁻⁴

**Perioperative Administration**

- **Midazolam** PROCEED
- **Fentanyl** (single dose IV) PROCEED
- **Morphine** Monitor closely
- **Hydromorphone** Monitor closely
- **Meperidine** AVOID
- **Ondansetron** PROCEED
- **Dexamethasone** PROCEED
- **Metoclopramide** PROCEED

**Hypnotics**

- **Propofol** PROCEED
- **Etomidate** PROCEED
- **Ketamine** No Data

**Opioids**

- **Succinylcholine** PROCEED
- **NMBAs** PROCEED

**Paralytics**

- **Neostigmine/glycopyrrolate** PROCEED

**Reversal**

- **Local anesthetics**
  - **Lidocaine** PROCEED
  - **Bupivacaine** PROCEED

**Antiemetics**

- **Prochlorperazine** PROCEED

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IV = intravenous; NMBAs = neuromuscular blocking agents.

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