

Fascia Iliaca Block (FIB):

Infrainguinal Approach

Indications:

- Hip Fracture

Equipment:

- 50mm needle
- Ropivacaine 0.2% 20-30mL



Goal:

- Medial-Lateral spread of local under fascia iliac

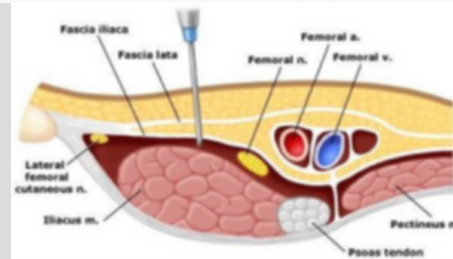
PRIOR TO BLOCK

CONFIRM: Consent. Side to Block. Monitors ON
Timing if Repeat Block (Suggest > 18h) IV functional

ANATOMY & POSITION

Patient Supine Stand on Side of Block

Junction of lateral 1/3 & medial 2/3 of line from ASIS to Pubic Tubercle.



Position transducer & Identify Femoral Vessels and Nerve
Move Probe lateral direction until sartorius muscle (SM) seen
Advance needle from lateral side using in-plane approach



TIPS & TRICKS:

As needle passes through fascia iliac (arrowheads) it is common to see indentation

Look for iliopsoas muscle to be displayed inferiorly during injection

POST BLOCK MONITORING

Mark Time Block Done @ Site Note in Chart/Anes Record Monitor x 30 min