

Birth Control Drug Interaction with Sugammadex (Bridion®): Information for Female Surgery Patients

During your procedure or surgery on _____ you received medications that lower the effectiveness of birth control medications. You need to be aware of this if you are on any type of a hormonal contraceptive (birth control medication):

Sugammadex (Bridion®) is a medicine that helps to speed up recovery from anesthesia (muscle relaxant) drugs patients receive during surgery. Sugammadex may decrease the effectiveness of your hormonal contraceptive (birth control) for up to 7 days.

- **Use a backup birth control method for up to 7 days** after your procedure or surgery
- Continue taking your hormonal contraceptive during this period

What are some examples of hormonal contraceptives?

- Oral contraceptives (birth control pills)
- Injectable contraceptives (birth control shot)
- Implantable contraceptives (small plastic rod or device inserted under the skin or inside the uterus)
- Patches (small adhesive patch worn on the skin)
- Vaginal rings (flexible plastic ring inserted into the vagina)

What are some examples of backup birth control methods?

- Male condom
- Female condom
- Female diaphragm
- Female cervical cap and sponge
- Abstinence (not having sex)

Where can I learn more about backup birth control methods?

- If you have any questions or concerns, contact your doctor or pharmacist.
- Access the Canadian Public Health Association Birth Control Methods and Sexual Health at: <https://www.cpha.ca/birth-control-methods-and-sexual-health>

References:

1. Bridion® Package Insert